

our size guide

For the most accurate results measure yourself in your underwear. The fabric has a neoprene fit which is tight. You will need to pull up with a little effort and pull into place to get the best fit. It is thicker than a lycra leggings so don't expect it to behave the same.

The longer leggings may be too long for those over 5ft 4, so the Capri style may be more suitable.

size conversion

meltedrock size	UK	US	EU
XXS	4	2	32 TM
XS	6	4	34
S	8	6	36
M	10	8	38
L	12	10	40
XL	14	12	42
XXL	16	14	44

capri measurements

meltedrock size	Waist circumference cm	Top Hip Width cm	Inside leg cm
XXS	58.8	35.05	50.6
XS	61.3	36.3	50.6
S	66.3	38.8	51.1
M	71.3	41.3	51.1
L	76.3	43.8	51.1
XL	81.3	46.3	51.1
XXL	86.3	48.8	51.1

meltedrock

Waist: Measure around your waist, just below your natural waist.
Hip: Measure around the fullest part of your body.
Inseam: Easiest to measure a similar leggings that fits you well.
Measure along the inseam from the crotch seam to the hem bottom.